

Christopher Gallego
Advanced Drawing,
Painting & Composition

Recommended Materials

Oils

Old Holland Oils:

Mixed White #2 (*Gemengd* - Zinc + Titanium)
Yellow Ochre Light
Raw Sienna
Burnt Sienna
Alizarin Crimson
Cadmium Red Light
Viridian
Sap Green
Cobalt Blue
Ultramarine Blue
Ivory Black
Raw Umber

Blockx Oils:
Naples Yellow

Canvas or wood panels

Stretched linen canvas or wood panel if preferred

Size: your choice.

Toning (or Grounding) the painting surface:

Dampen surface with Gamsol

Mix equal parts of Ivory Black and Raw sienna

Spread small amount of paint mixture around the canvas

Wet a cotton cloth with Gamsol

Scrub the paint into the canvas surface with the dampened cloth.

Use bold strokes and let the color be uneven & transparent. Tone should be a warm, medium-light grey

Let dry for at least 48 hrs.

Misc:

Metal medium cups

Paper Towels

Small Plastic Bag (for trash)

Medium

Gamsol + Stand Oil

Start with pure Gamsol for the first day, adding small amounts of stand oil in subsequent sessions.

I'll explain how to use.

Brushes

Robert Simmons Bristle Filberts:
2, 4, 8, 10 (at least two of each, the more the better)

Palette Knife, triangular shaped

Wood Palette, oil out with linseed oil (if new)

Drawing Materials

Sketch Paper (any kind, for quickies)

Quality Drawing paper-

Strathmore 400, or Arches watercolor paper (smooth finish)

Clipboard-to mount paper

Soft vine charcoal

General's charcoal pencils-2B & 4b

Graphite pencils-2H H, HB, 2B

Single-edge razor blades

Kneadable erasers

And please...

No cell phone conversations - ringers off,

Enter studio only during the breaks,

Monitor is available only during the breaks,

Do not speak directly to the models