

## **Materials List**

### **Oils**

Recommended Brands:

Old Holland, Gamblin, or Williamsburg

White:

Holland Mixed White # 2, or  
Titanium White (other brands)

Yellow Ochre Light  
Raw Sienna deep  
Burnt Sienna  
Alizarin Crimson  
Cadmium Red Light  
Viridian  
Sap Green  
Cobalt Blue or Prussian Blue  
Ultramarine Blue  
Ivory Black  
Raw Umber

Blockx brand Naples Yellow

### **Canvas or wood panels**

Stretched linen canvas or wood panel

Size: as large as you're comfortable with

### **Toning (Grounding) the painting surface:**

Dampen surface with Gamsol

Mix equal parts of Ivory Black and Raw sienna

Spread small amount of paint mixture around the canvas

Dampen a cotton cloth with Gamsol

Scrub the paint into the canvas surface with the dampened cloth.

Use bold strokes and let the color be uneven & transparent. Tone should be a warm, medium-light grey

Let dry for at least 48 hrs.

### **Misc:**

Metal medium cups

Paper Towels

Small Plastic Bag for trash

### **Medium**

Gamsol + Stand Oil

Start with pure Gamsol for the first day, adding small amounts of stand oil in subsequent sessions.

I'll explain how to use.

### **Brushes**

Robert Simmons Bristle Filberts:  
# 2, 6, 8, 10,12 (at least two of each, the more the better & bigger is better)

Palette Knife, triangular shaped

Wood Palette, oil out with linseed oil (if new)

### **Drawing Materials**

Sketch Paper (any kind, for quickies)

Quality Drawing paper (for finished drawings)

Strathmore 400, or Arches watercolor paper (smooth finish)

Clipboard-to mount paper

Soft vine charcoal

General's charcoal pencils-2B & 4b

Graphite pencils-2H H, HB, 2B

Single-edge razor blades

Kneadable erasers